

10th FAST Sprint Meeting: Event Guide

3-4.11.26 Lahti

Goal and Target Audience

The goal of the FAST meetings is to present our latest research in Software Engineering and plan the next research sprint. Doctoral researchers and members of the industry are invited to participate in the meetings to exchange ideas and shape the future of Software Engineering research in Finland.

The meetings are open to anybody interested in doctoral research in Software Engineering. We encourage all doctoral researchers and supervisors participating in the Doctoral Pilot in Software Engineering to register and attend the meeting.

This document describes the 9th FAST meeting that takes place in Rovaniemi on August 11 and 12, 2026. This meeting marks the beginning of the 9th sprint for the researchers starting in August 2024 and the beginning of the 7th sprint for the doctoral researchers starting in January 2025. Doctoral researchers can present their plans, drafts and articles during the meeting for discussion, feedback and collaboration.

	August 2024		January 2025	
Meeting	Sprint	Outcome	Sprint	Outcome
#1 Otaniemi	1	Research Poster		
# 2 Lahti	2	Thesis Research Plan		
# 3 Oulu	3	Plan first research article	1	Research Poster
# 4 Helsinki 12-13.5.2025	4	Draft / full article / plan next article	2	Thesis Research Plan
# 5 Jyväskylä 12-13.8.2025	5	Draft / full article / plan next article 1st year retrospective	3	Plan first research article 6m retrospective
# 6 Tampere 4-5.11.2025	6	Draft / full article / plan next article	4	Draft / full article / plan next article
# 7 Joensuu 3-4.2.2026	7	Draft / full article / plan next article	5	Draft / full article / plan next article

# 8 Turku-Stockholm 11-12.5.2026	8	Full article / article collaboration plan	6	Full article / article collaboration plan
# 9 Rovaniemi 11-12.8.2026	9	Full article	7	Full article
# 9 Lahti 3-4.11.2026	10	Start planning the thesis	8	Start planning the thesis

Meeting Overview

The 10th FAST Meeting is intended for all doctoral researchers and supervisors.

Location: LUT Lahti Campus, [Mukkulankatu 19, 15210 Lahti](#).

Tuesday 3.11.25

09:00 – 10:00 Registration and Coffee. Location: outside Auditorium 1.

10:00 – 12:00 Opening and Keynote. Location: Auditorium 1. Chair: Kari Smolander.

10:00 – 10:30 Opening. Juha-Matti Saksa, LUT.

10:30 – 11:10 The Career After the Defense: How Scientific Influence Actually Accumulates. Pekka Abrahamsson, TUNI.

11:10 – 11:50 TBA. Leena Pöntynen, Technology Industries.

11:50 – 12:00 Afternoon Group Work Introduction. Sonja Hyrynsalmi, LUT.

12:00 – 13:00 Lunch. Location: Isku Center.

13:00 – 15:15 Group Work and Theme Discussions. Location: various meeting rooms.

13:00 – 14:00 Three World Cafe Themes for Each Group. TBA.

14:00 – 14:30 Coffee.

14:30 – 15:15 Continuation: Three World Cafe Themes for Each Group. TBA.

15:30 – 16:30 Community Meetings. Location: various meeting rooms.

15:30 – 16:30 SG meeting, location: room TBA. Chair: Ivan Porres.

15:30 – 16:30 Supervisor community meeting, location: TBA. Chair: TBA.

15:30 – 16:30 PhD community meeting, location: TBA. Chair: TBA.

Social Programme on Tuesday 3.11.25

16:40 – 17:00 Bus to Salpausselkä Skiing Center. The bus leaves from the front of the LUT Lahti Campus building.

17:00 – 18:00 Visit to Skiing Museum.

From 18:00 Dinner at restaurant Voitto.

Wednesday 4.11.25

09:00 – 12:00 Group Discussions and Peer Support, Finishing the Doctoral Degree. TBA.
Coffee around 10:30.

12:00 – 13:00 Lunch. Location: Isku Center.

13:00 – 14:30 Joint Program: Experiences in Doctoral Career. Location: Auditorium 1, Chair: Sonja Hyrynsalmi.

Speakers: Viktoria Palacin, VTT; Sebastian Sonntag, TUNI; Miikka Kuutila, LUT; Nan Yang, LUT. TBA.

Doctoral Researchers: homework

TBA

Practical Information

Arriving to Lahti

Lahti Region is easy to reach. The city is located less than an hour from Helsinki Airport by train or car, and an hour from the harbors of Helsinki. From Helsinki Airport to Lahti in under 60 minutes.

- *Train*
 - The Ring Rail Line connects air and train traffic and adds ease and comfort for international guests arriving in the Lahti region. You can easily walk from both airport terminals to the airport's railway station and stay indoors the entire way. You can reach Lahti on Helsinki Regional Transport's Z commuter train once an hour. Also, all long-distance passenger trains stop at Lahti. Please note that you don't need to go to

Helsinki city centre when coming from the airport to Lahti. You can hop off in Tikkurila and then continue your journey from there.

- *Bus*

- You can reach Lahti on several long-haul bus services from the Helsinki port terminals. The fastest bus connection from Helsinki Airport to Lahti takes 1 hour and 10 min – buy your ticket and check the timetables [here](#). Lahti Railway Station is located in the Lahti Travel Centre, so changing from train to bus couldn't be easier. The Travel Centre is located only a few minutes walk from Lahti city centre.

- *Car*

- The Lahti region has excellent traffic connections and is easy to reach from all directions.
- When arriving from the south, you will travel along the Lahti main road (highway 4), which becomes a motorway (E75). E75 continues past Lahti towards Jyväskylä.
- When coming from the north, the motorway E75 leads you to the Lahti region. Main road 24 takes you to the Lahti region through the stunning scenery of Padasjoki and Asikkala.
- When arriving from the east on main road 12, you will land directly in the city centre from where the road continues towards Tampere.
- When coming from the west on Road 12, it changes into Hämeenlinnantie when you enter the Lahti region. The main road runs through the city and continues towards Kouvola.

In Lahti

Public transport

Lahti Region Transport (LSL): Local public transport bus stops are located along Mannerheiminkatu and Vesijärvenkatu, which run past the Travel Centre. Almost all local buses pass through these streets. Lahti Market Square is the hub of local public transport.

You can see the Lahti Region Transport (LSL) timetables in the city and surrounding municipalities [here](#). You can buy a mobile ticket from an app you can download from the App Store or Google Play.

Accommodation

Participants are responsible for their own accommodation arrangements. For your convenience, we recommend these hotels:

- Solo Sokos Lahden Seurahuone
<https://www.sokoshotels.fi/en/lahti/sokos-hotel-lahden-seurahuone>. Address:
Aleksanterinkatu 14, 15110 Lahti.
- [Greenstar Hotel Lahti](https://www.greenstar.fi/hotellit/lahti/) <https://www.greenstar.fi/hotellit/lahti/>. Address:
Vesijärvenkatu 1, 15100 Lahti.

If you want to know more about other hotels in Lahti Region, please visit:

https://visitlahti.fi/en/frontpage/accommodation/?datahub-filtering_q=.

About LUT University's Lahti campus

- *Arriving by bus*
 - Local bus number 1S and 1K runs between the campus and the Lahti Travel Centre (train and bus station), bus stop A. More information on bus routes on the LSL Lahti region transport website.
- *Arriving by car*
 - E-parking app is used in parking areas. Download the e-parking app on your phone from the Play Store or App Store (eParkingSuomi). You can also sign a parking contract online at the e-parking website. New user instructions can be found at <https://eparking.fi/en/newuser>. More directions and information on parking on the Isku Center web site:
<https://www.iskucenter.fi/how-to-get-here/?lang=en>.