

6th FAST Sprint Meeting @ Tampere – 05.11.2025

How to make a startup business out of your research

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Outline

- 1. Key concepts / background**
- 2. Business ideas and opportunities**
 - = How to come up with a business idea out of your research?
- 3. Idea validation & the Lean Startup**
- 4. Business models**
- 5. Task for next FAST meeting**

Motivation

- Not all doctors are expected to become researchers; doctors are also trained for industry
 - What do *you* want to do after your dissertation?
 - Researcher?
 - Work for a company, or other organization (e.g., public)?
 - Make your own company?
 - Startup, or maybe not
 - Maybe develop your own startup idea in an existing company?
- During your dissertation, think about your outlook on research with this in mind

Motivation

- Even if you want to become a researcher, understanding **software business** (and the industry as such) is very beneficial as a researcher too
 - Identifying real business problems to solve → developing tools that answer industry needs
 - Being able to more easily talk to company people in their "language" makes for easier collaboration
 - Also useful in funding applications...

Key concepts / background

Software business (concept)

- Narrow view:
 - Selling/buying/developing software (products)
 - Offering software-related services (services)
- Broader view:
 - Offering/delivering value through software is software(-intensive) business
 - E.g., Uber is software business, Netflix is software business, etc.
 - MANY companies are now software-intensive in some way; digital transformation
 - Many develop software in-house too

Software business today

- Computational requirements and costs of making software have **plummeted** in the last 50 years
 - Existing tools, services make software development and business easier than ever
 - Programming environments (IDEs), programming libraries
 - Endless learning and tutorial resources online
 - Cloud services
 - Now AI(?)
- All you need is a laptop and a good idea now (sometimes...)

Startups

- Why “startup”, why not just company?
- Everyone has some intuitive idea of what is a “startup”
 - New company? Small? Innovative? Shoelace budget? etc.

Startups and software startups

- In SE and related computing disciplines like information systems (IS), the concept of "startup" dates back to 1994 when Carmel spoke of "*software package startups*" in their paper
- The main argument that drives all SE startup research is that startups are different from “normal” companies
 - *“software startups are quite distinct from traditional mature software companies, but also from micro-, small-, and medium-sized enterprises, introducing new challenges relevant for software engineering research”* (Unterkalmsteiner et al. 2016)

Carmel, E. (1994). Time-to-completion in software package startups. In Proceedings of the 27th Hawaii International Conference on System Sciences (HICSS), pp. 498–507. IEEE.

Unterkalmsteiner, M., et al. (2016) Software startups: a research agenda. *E-Informatica Software Engineering Journal*, 10(1), pp. 89–123. <https://doi.org/105277/e-Inf160105>

Software startup characteristics

- (1) highly reactive,
 - (2) innovation,
 - (3) uncertainty,
 - (4) rapidly evolving,
 - (5) time-pressure,
 - (6) third party dependency,
 - (7) small team,
 - (8) one product,
 - (9) low-experienced team,
 - (10) new company,
 - (11) flat organization,
 - (12) highly risky,
 - (13) not self-sustained,
 - (14) lack of resources, and
 - (15) little working history.
- Disadvantage

Software startups

- Past various characteristics, startup research generally quotes Blank (2013) for defining a startup as: “***a temporary organization designed to search for a repeatable and scalable business model***”
 - A startup either eventually becomes a “normal” company, or it fails somewhere along the way
 - A startup stops being a startup when it finds a repeatable and scalable business model?
 - Implies novelty in terms of business model; the average local pizzeria is just a small company because it just *executes an existing business model*

Software startups

- A **software** startup is any startup that delivers, creates, or captures value through software
 - e.g., Uber was a software startup: its core value was delivered through a software platform
 - “Was” because now it is a mature company



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Business ideas and opportunities

Business ideas

- To make a business out of your research, you first need a business idea
- Yet ideas are only valuable if you...
 - (a) can validate that there's a market for your idea, and
 - (b) have the competencies to make it into a product or service
- (Business) opportunities = validated (business) ideas

How to find business opportunities?

- Discovery theory (rooted in economics)
- Key assumption: opportunities pre-exist in stable markets → entrepreneurs discover
- Opportunities arise from changes in the external environment (market, industry, etc.)
- Opportunity recognition & risk assessment; alertness & awareness
- Creation theory (rooted in social constructivism)
- Key assumption: opportunities do not exist until they are created → entrepreneurs create
- Entrepreneurs are actors
- Opportunity creation & importance of unknown

What makes an opportunity?

- Creating significant **value** to a customer/end user
- Fixing an existing **problem** or **pain**
- Someone should be willing to **pay** for the solution → profitability
 - Relying on pure ad revenue is not good
- Have a clear **market** → needs clear target audience/users
- Founder/team has to have the competencies to make the idea into business

Starting points (your research)

Based on your research, you may have...

- Created a **potential product (tool)** → what problem does it solve/what value does it create?
- You have **identified a real problem to solve** → what solution (product/service) would solve it?
- You have a **novel technology** → what solution/product could be built from it?
- You have built **unique expertise** → how to sell it to someone as a service? Or what product could you build with it?
 - Consulting?

Starting points for ideas (external, generic)

- Studying potential customers
 - Analyzing online discussion where people discuss pains/needs related to something (e.g., subreddits for certain topics like pets), etc.
- Observing people and communities
 - Observing how staff works somewhere (e.g., hospitals, restaurants...)
- Knowledge of certain industries/businesses
 - B2B ideas can stem from founder expertise with certain work (e.g., focused on process improvement for certain business)
- Unexpected events (e.g., COVID)
- Other changes in external environment (e.g., aging population)
- Emerging industries and technologies (e.g., AI agents ...)
- Own interests/hobbies (e.g., knowing what kind of video game is wanted)

Who is the customer?

On the very general level, consider the “type” of startup you might be founding:

- Business-to-Consumer (B2C)
- Business-to-Business (B2B)
- Business-to-Government (B2G)

→ Are you selling to individual consumers or organizations? **Who** are you creating value for / whose problem are you solving?



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Idea Validation & The Lean Startup

Idea validation

- (Business) opportunities = validated (business) ideas
 - **Validation** means proving that your idea has a market
 - = someone is willing to pay for it
- How to validate an idea?

The reality of ideas

- Up to 98 % of new product ideas overall fail¹
- The majority of startups fails ^{2, 3, 4}
 - Depends on the source what % they say
- Validating your idea helps you “fail” faster → pivot so you don’t *actually* fail
 - One of the biggest mistakes is to have your product launch be the first time you reach out to (potential) customers

1 Mullins, J. W., & Komisar, R. (2009). Getting to plan B: Breaking through to a better business model. Harvard Business Press.

2 Crowne, M. (2002). Why software product startups fail and what to do about it. Evolution of software product development in startup companies. In IEEE International engineering management conference (Vol. 1, pp. 338-343). IEEE.

3 Blank, S. (2013). Four Steps to Epiphany. K&S Ranch.

4 Giardino, C., Wang, X., & Abrahamsson, P. (2014). Why early-stage software startups fail: a behavioral framework. In International conference of software business (pp. 27-41). Cham: Springer International Publishing.

Idea validation

- The practice of “idea validation” in startups is related to requirements engineering (RE) in conventional SE
- RE is built around the idea of eliciting requirements from a customer
 - A customer exists; we know who is the customer; customer can be involved in the project, etc.
- Startups are new organizations building their first product → no customers yet
 - Who is the customer? What should the product look like?
 - In this context, it’s more about “idea validation” than conventional RE

Idea validation

- Ideas should be validated with **data**
- Very early on, this can be secondary data
 - E.g., online discussion, news articles, company surveys, etc. that somehow support the overall problem being a real one
- As you progress, validation should pertain to your idea/product more directly

Lean startup vs. “stealth” mode

- Lean startup¹ is a methodology (approach?) that focuses on short development cycles and continuous idea validation → putting yourself and your idea out there
- If your idea is built around a technological innovation – that you are *sure* has a market – you may also consider “stealth mode”
= keeping a low profile until you are ready to release the product/service
- For most ideas, idea validation is central → lean startup

Lean startup practices for validation

- Lean startup as a methodology stresses idea validation
- Various established practices focus on idea/solution validation
 - Idea validation early → later solution validation when you have a product
- The key practices are:
 - Minimum Viable Product (MVP)
 - Pivoting
 - The Build-Measure-Learn Loop

Minimum Viable Product (MVP)

- The idea of the MVP is to serve as a way of validating your idea
- MVP is intended to test one key assumption
- It's not about **launching** the product but **learning** (from data)
- An MVP is **not** just a prototype
 - But a prototype can be an MVP
- Literature¹ associates MVPs with “minimum set of features”, “customer feedback”, “minimum effort” and “early prototype”

Minimum Viable Product (MVP)

- What constitutes an MVP can vary greatly based on (1) your idea, (2) your current situation, (3) what you want to test ...
- An MVP can be, e.g., ...
 - A landing page → are you getting hits?
 - Explainer video / pitch video → is it getting views?
 - Crowdfunding campaign → do people like the idea enough to fund it?
 - A “Wizard of Oz” MVP
 - Simulate the product’s key functionalities manually → would people actually use/like it if you built the real thing?
 - A mockup or prototype
- A functional prototype is actually on the heavier end of MVPs! → less is enough early

Pivoting (or persevering)

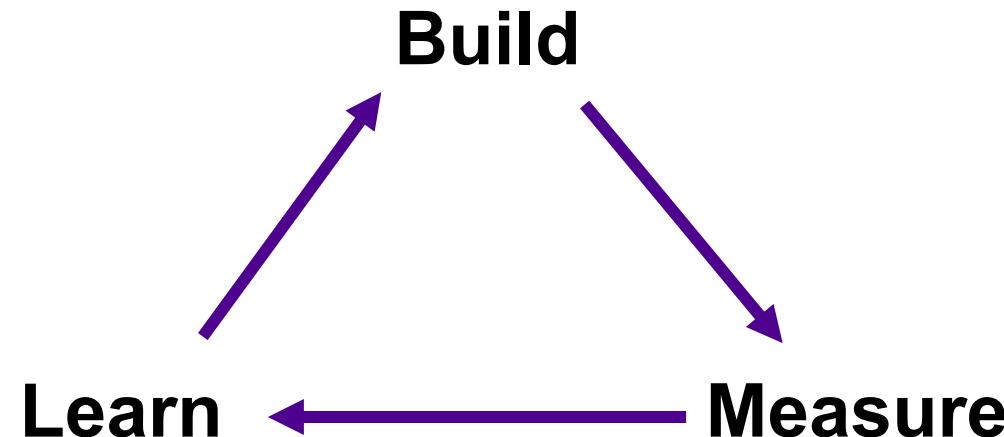
- Pivoting means changing direction – of your business
- If data (e.g., collected with MVP) shows that your idea is not working → try to identify the problem(s) → pivot
- This does not go from software company to ice cream booth; it means changing *some* part of your idea strategically
 - e.g., YouTube was originally meant to be a video dating service
- Pivoting prevents you from truly *failing* as a business
- If data shows you are doing well → you can persevere, for now

Types of pivots

- Examples of pivots from literature
 - Zoom-in pivot → single feature becomes the whole product
 - e.g., chat feature becomes chat app; Zoom-out pivot vice versa
 - Customer segment pivot → focus on different audience
 - e.g., professional --> amateur athletes
 - Customer need pivot → changing the core problem you are solving
 - After collecting data, you start understanding your customers' problems better
 - Value capture pivot or monetization/revenue pivot
 - Going free-to-use from paid model → in-app purchases
 - ... etc.

The Build-Measure-Learn (BML) Loop

- The idea of the BML loop is continued, validated learning
- **Build** MVP → use MVP to **measure** something → **learn** from data
 - → build new MVP based on what you learned ...
- Pivot or persevere as seems appropriate based on the data



Why idea validation?

- It is common to fall in love with your own idea
 - You are likely doing something you are passionate about → that is what you *want* to do → easy to just keep developing the idea as is
 - You like your idea, but does anyone else?
 - The worst-case scenario = you spend years developing a product that no one will buy/use
 - Changes to your idea/product, are easier/cheaper to make the earlier you make them
- Collect *some* kind of data; reach out to people/your target customers and talk to them; build MVPs ...

Final notes about idea validation

- If you ask someone, face-to-face, what they think of your product, while being clearly excited about it → they will hesitate to tell to your face that they think it sucks :-)...
 - This also goes for asking people if they would pay for your hypothetical product when it's ready
- Don't think you know better than the users when it comes to **problems**
 - If customers don't like some thing about your product, they just don't → try to understand why
 - However, they might not know best how to *fix* the problem!



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Business models

Business models

- Describes the business of a company – i.e., how it makes money
 - “A way of doing business”
 - Typically includes specific elements like customers (segments groups), value proposition, etc.
- Helps conceptualize an idea into a hypothetical business → how does your idea / opportunity actually translate into a business?

Essential elements of a business model

1

“what does the
customer get?”



(value creation process)

2

“how do we get the **money**?”



(converting the market opportunities into revenue)

Business Model Canvas (BMC)

- Based on the doctoral dissertation of Alexander Osterwalder, BMC is now a very common way to describe a business
- 1-page/sheet with 9 boxes to fill → each box is 1 element of the business model
 - (1) Value propositions → what is the key value you deliver / problem you solve?
 - (2) Customer segments → value for whom / whose problem?
 - (3) Customer relationships → what are they like; how are they created / maintained?
 - (4) Channels → how do you reach the customers?
 - (5) Key activities → what is required to produce value? Production / problem solving ...
 - (6) Key resources → physical / human / intellectual / financial ...
 - (7) Key partners → partners / suppliers / their role ...
 - (8) Cost structure → what costs are there in doing this business?
 - (9) Revenue streams → where does the money come from?

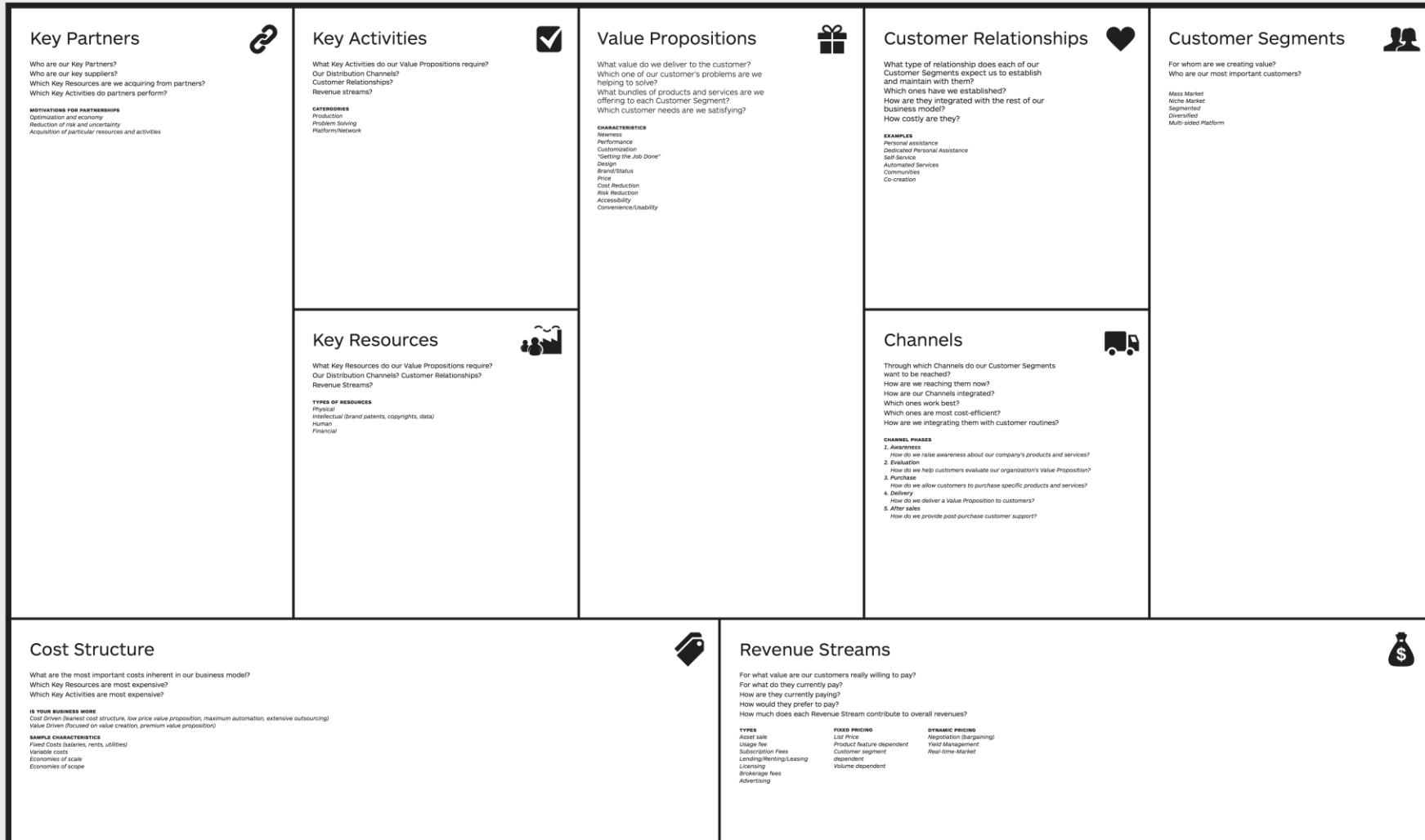
The Business Model Canvas

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Potential business model mistakes

- Typical mistakes can be, e.g.,
 - Too narrow approach (excluding potential customer groups)
 - Too broad approach (trying to serve *everyone*)
 - Fixation on a specific product/service
 - When the problem might be better addressed by another
 - Failing to *update* the business model as you progress
- Box filling exercise vs. interactions & coherence between the elements

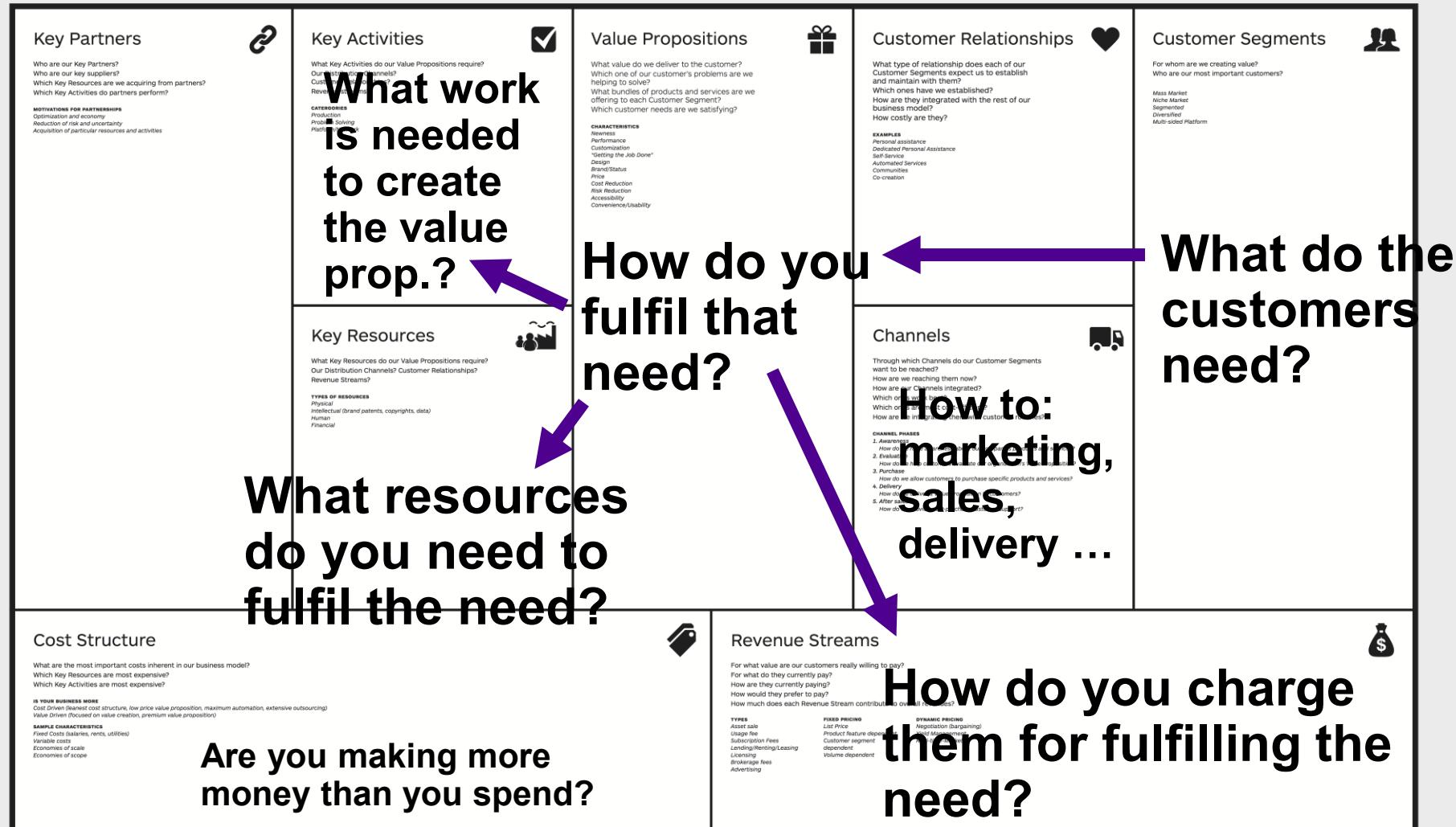
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Startup vs. “normal” company

- Startups *search* for new & scalable business models
- Implies some innovation in business model!
 - + scalability is typical for software business (excl. e.g., usual consulting)



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“Homework” / Tasks for next FAST

Task 1 – Business Model Canvas

1. Sketch a business idea based on your research
2. Fill out a Business Model Canvas based on the idea
 - You can find this in many places online

→ Fill the BMC for next FAST meeting and take it with you

Obstacles?

- While filling the canvas, think about what you would **need** to make a business out of your research (or other idea) → what is missing?
- Consider, e.g., ...
 - Funding → Would you need some funding from an external source? How much & what for?
 - Team → Do you need other people? To make things faster (person hours/months), or people with specific skills to make the idea happen?
 - Other resources → Hardware? Physical facilities?
 - What else could prevent you from doing this? Think for next FAST
- No formal deliverable; just food for thought for you

University support (OPTIONAL)

- **IF** you are already excited about potentially trying to make a startup (*or just a company*) out of your research, consider looking into how your home university supports this
- Finnish universities support entrepreneurship in different ways
 - Includes courses, coaching, funding, accelerator programs, etc.
- Keywords to look out for: Research-to-Business (R2B), spinout
- Also Intellectual Property Rights

Closing thoughts: team?

- Could you make a business alone?
- If not, who could you work with? What skills should they have?
→ Maybe there are some like-minded students here at FAST...