

5th FAST Sprint Meeting: Event Guide

12-13.8.25 Jyväskylä, location: [Ruusupuisto building](#) of University of Jyväskylä, Alvar Aallon katu 9, 40600 Jyväskylä.

Goal and Target Audience

The goal of the FAST meetings is to present our latest research in Software Engineering and plan the next research sprint. Doctoral researchers and members of the industry are invited to participate in the meetings to exchange ideas and shape the future of Software Engineering research in Finland.

The meetings are open to anybody interested in doctoral research in Software Engineering. We encourage all doctoral researchers and supervisors participating in the Doctoral Pilot in Software Engineering to register and attend the meeting.

This document describes the 5th FAST meeting that takes place in Jyväskylä on August 12 and 13, 2025. This meeting marks the beginning of the 5th sprint for the researchers starting in August 2024 and the beginning of the 3rd sprint for the doctoral researchers starting in January 2025. Doctoral researchers can present their plans, drafts and articles during the meeting for discussion, feedback and collaboration.

	August 2024		January 2025	
Meeting	Sprint	Outcome	Sprint	Outcome
#1 Otaniemi	1	Research Poster		
# 2 Lahti	2	Thesis Research Plan		
# 3 Oulu	3	Plan first research article	1	Research Poster
# 4 Helsinki 12-13.5.2025	4	Draft / full article / plan next article	2	Thesis Research Plan
# 5 Jyväskylä 12-13.8.2025	5	Draft / full article / plan next article 1st year retrospective	3	Plan first research article 6m retrospective
# 6 Tampere 4-5.11.2025	6	Draft / full article / plan next article	4	Draft / full article / plan next article

Meeting Overview

The 5th FAST Meeting is intended for all doctoral researchers and supervisors.

Tuesday 12.8

**All activities, except for lunch, part of community meetings, and social activities, are held in D104 Helena.*

~8:50 Morning train arrives (book your train well in advance!)

09:00–09:30 Registration

09:30–09:45 Opening Tommi Mikkonen

09:45–10:30 Greetings : Heikki Karjaluoto: Software Commercialization

(vice dean of research, Faculty of IT, Uni Jyväskylä)

Chair Tommi Mikkonen

10:30–11:00 Coffee

11:00–12:00 Keynote: Veli-Pekka Eloranta (Vincit): Doing Retrospectives

Chair Niko Mäkitalo

12:00–13:00 Lunch, location: *Ruusupuisto cafeteria* (next to the event premises)

13:00–14:45 Team work: Retrospective of the 1st FAST year in groups and analysis of individual retros (teams are built onsite)

Chair Petri Ihantola

14:00–15:00 SW4E SG meeting, location: *C101 Lucina*

14:45–15:00 Coffee

15:00–16:00 Short presentations by teams: Findings & insights based on retros

Chair Petri Ihantola

16:00–17:00 PhD Researcher Community Meeting, location: *D104 Helena*

Chair Tamara Ahmed, Md Mahade Hasan

Supervisor Community Meeting

Chair Ella Peltonen, location: D101 Juhu

17:00–18:00 Walking tour from the Ruusupuisto venue towards the city centre (optional)

19:00–22:00 Dinner: Verso (<https://hotelliverso.fi/>)

About social activities

On **Tuesday** we'll head out on a **walking tour** from the Ruusupuisto venue towards the city centre **at 17**. During the one-hour tour, we will get a chance to learn about the European Heritage Label -bearing Seminaarinmäki campus where the Finnish teacher education was founded, and visit the beautiful wooden Äylä, home to many artists and academics alike. On our way, we will hear stories about Jyväskylä, whose cityscape was shaped by Finland's first female architect Wivi Lönn and Alvar Aalto, one of the world's most celebrated masters of modern architect. There is room for everybody to join the tour!

After the tour you will have time to visit your hotel room, or share a cheeky bevvie with FAST colleagues at one of the many terraces of Kauppakatu. **Dinner starts at 19:00 in the Hotel Verso** in the city center.

We're also planning an **unofficial picnic for Monday evening for those of you who arrive early**, if the weather permits! We'll be in touch on WhatsApp to share the details. If you've got any questions regarding the extra curriculars, be in touch with Sanni (sanni.e.marjanen@jyu.fi) or shoot your q's on the WhatsApp group. We look forward to welcoming you to Jyväskylä!

Wednesday 13.8

**All activities, except for lunch, networking, and SG meeting are held in D104 Helena.*

Workshop: Planning for 2nd year (personal & FAST as a whole)

09:00–12:00 Keynote: Minna Heikkilä (JYU): Leading yourself

Chair Tommi Mikkonen

including

10:00–12:00 Instructed planning (personal & FAST as a whole). Structural

exercises that help one to lead themselves. **11:00–11:20 coffee break.**

12:00–13:00 Lunch, location: *Ruusupuisto cafeteria* (next to the event premises)

13:00–15:00 Parallel sessions:

13:00–14:00	Rahul Mohanani and Iflaah Salman: <i>Research Philosophies and Experimental Methods in Software Engineering: A Hands-on Workshop on Planning and Conducting Laboratory Experiments</i> (see more info below)	Networking & ad-hoc meetings (self-organized), Booked rooms: - <i>B102 Emma</i> (16 pers.), - <i>B101 Elsa</i> (12 pers.), - <i>B103 Minna</i> (16 pers.), - <i>E208 Päivö</i> (15 pers.), - <i>E314 Isa</i> (18 pers.), - <i>E214 Onni</i> (24 pers.).	Nan Yang (LUT) and Ali Mehraj (TAU): From Principles to Practice: Model Cards as a RegOps Use Case for Regulation-aware AI (workshop, see more info below), location: <i>D101 Juho</i>	Doctoral Pilot SG meeting, location: <i>C101 Lucina</i>
14:00–15:00	Time to work on joint studies & papers (self-organized), booked rooms same as for Networking & ad-hoc meetings 13.00–14.00.			Doctoral Pilot SG meeting (if needed)

- The preliminary agenda of the workshop *Research Philosophies and Experimental Methods in Software Engineering: A Hands-on Workshop on Planning and Conducting Laboratory Experiments*:
 - In this session, we will introduce key research philosophies in Software Engineering and discuss their implications for empirical research. Understanding the philosophies is essential for designing rigorous studies, as they shape how we formulate research questions, select research methods, and interpret results.
 - Following this, we will focus on planning and executing laboratory experiments with human participants in software engineering. The talk will

cover key aspects such as defining research objectives, designing experiments, selecting participants, and ensuring validity and ethical considerations.

- In the final segment, students will work in groups to design their own experimental studies, applying the discussed concepts. We will then collectively review and refine their plans, providing feedback to strengthen their research designs.
- **Note:** you should register for this workshop. **The deadline is 5.8.25.** The registration link is shared by email. The workshop is targeted for PhD students.
- The preliminary agenda of the workshop *From Principles to Practice: Model Cards as a RegOps Use Case for Regulation-aware AI*:
 - Introduction on RegOps + quick questionnaire (10 minutes),
 - Model Cards for Regulation Compliance (15 minutes),
 - Group work through Miro board (20 minutes),
 - Summary and future joint work (15 minutes).
 - **Note:** you should register for this workshop. **The deadline is 5.8.25.** The registration link is shared by email. The workshop welcomes PhD students, supervisors, and other participants interested in this topic to join.

15:00–15:15 Closing and the Next Meeting (Chair Petri & Niko)

16:00 Trains leave at 16:12 and 18:10

Practical Information

Transportation

Train connections for 12.8. are as follows:

5:03 Helsinki-Jyväskylä 8:43

7:07 Tampere-Jyväskylä 8:43

Turku, Lahti and Oulu have no morning connections.

Train connections for 13.8. are as follows:

16:12 Jyväskylä-Helsinki 19:35
16:12 Jyväskylä-Tampere 17:49
16:12 Jyväskylä-Lahti 20:11
16:12 Jyväskylä-Oulu 22:15
16:12 Jyväskylä-Turku 19:55

Inside Jyväskylä

Several buses run from downtown to Ruusupuisto, including at least lines 20, 14, 7, 15, and 5. You can use the trip planner at

<https://linkki.jyvaskyla.fi/en/linkki-jyvaskyla-region-public-transport> .

Taxi is 12e +/- 2e.

The distance to the venue is about 1,5km, thus [walking](#) is also an option.

Hotels recommendations

- Verso: <https://hotelliverso.fi/> (where the dinner is),
- Yöpuu: <https://www.hotelliyopuu.fi/> (boutique hotel),
- Paviljonki: <https://www.sokoshotels.fi/hotellit/jyvaskyla/solo-sokos-hotel-paviljonki> (near the harbour, not in downtown),
- Alba: <https://www.hotellialba.fi/> (probably the closest one to the venue),
- Scandic hotels (several): <https://www.scandichotels.com/fi/kohteet/suomi/jyvaskyla> (probably the best price).